

CONTACTS



Eastern Province,  
Dammam (flexible)



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Saudi Arabia

EDUCATION

Jouf University, (JU) :

Bachelor's Degree in Physiotherapy  
and Health Rehabilitation  
4 May 2021.

Saudi Commission for Health  
Specialties :

- Decision Date : 6 May 2022
- Expiry date : 5 May 2024

CERTIFICATIONS:

- Occupational therapy for people with Special needs 30 Dec 2022.
- Principles of Musculoskeletal PT Approaches 5 lectures:
- \* Dry Cupping 16 Dec 2022.
- \* Manual Therapy 9 Dec 2022 .
- \* Taping 2 Dec 2022.
- \* IASTM 3 Dec 2022.
- Diploma in Needling Therapy 01-06 Oct 2022.
- Novel CGRP Monoclonal Antibodies: A Recipe for Success in Migraine Prevention and Treatment 25 Sep 2022.
- Mental Health Pharmacotherapy 2 Sep 2022.
- Professional In Health Care Quality 11 Aug 2022.
- Management of Lumber and Pelvis (By: Pt.Mohammed Al Amir) 1 Aug 2022.
- Sports injuires , (By: DR. Hussain Ghulam) 22 July 2022.
- Generic Versus Branded Disease-Modifying Therapies: Dose it Really Matter in Multiple Sclerosis 30 June 2022.
- care continuum conference Department Eastern Heath Cluster 16-17 Oct 2021.
- Convulsions and epilepsy in autistic Saudi Association for parents of people with a disability 26 Aug 2021.
- Radiology Department at King Fahad Hospital Jeddah CT Radiation Dosimetry 8 Aug 2021.
- The role of physical therapy in children with cerebral palsy Himma Center for Support Services in Al-Khobar 26 July 2021.
- Basic Life Support - BLS By National CPR Foundation 8 Dec 2020.

Nouh Sulaiman Alyousif

Physiotherapy and Health Rehabilitation

Profile:

I am an enthusiastic and optimistic physiotherapist with two years of practical experience in the field of health rehabilitation, applying the latest therapeutic intervention techniques including physical therapy exercises, electrical appliances, and manual therapy to restore patients' quality of life. I design treatment programs based on short- and long-term goals, and I am particularly interested in sports injuries, musculoskeletal injuries, post-operative rehabilitation, and neurological rehabilitation. I volunteered to provide treatment with the Lokomat device and as a paramedic. I aspire to enhance my professional skills in physical therapy to be an effective and useful element in any hospital I work in.

EXPERIENCE

Mar 2023-Till now • Yabraa Medical Center:

- Treating bone and muscle conditions with high efficiency.
- Advanced neurological rehabilitation to ensure the best results.
- Specialized in post-surgical rehabilitation for faster recovery.
- Experience in sports therapy and performance improvement.

Janu 2023 -Mar 2023 • Ghosoon Almostaqbal: .

- Enabling people with disabilities to regain their jobs.
- Providing neurological treatment to improve motor performance.
- Applying occupational therapy to increase independence.
- Improving quality of life through innovative rehabilitation protocols.

May 2021- May 2022 • Dammam Medical Complex (DMC).

- Specialized experience in health rehabilitation and physical therapy, dealing with a wide range of conditions including musculoskeletal injuries, neurological diseases, and sports injuries.
- Distinction in the field of sports injuries, with a special focus on treating knee injuries.
- Mastering the use of modern techniques in electrotherapy, such as TENS, ultrasound therapy, shock wave technology, and cervical and lumbar traction devices.
- Continuous skill development in advanced techniques such as myofascial release, mobilization, dry cupping, and dry needling.
- Comprehensive experience in various departments of physical therapy including cardiopulmonary therapy, occupational therapy, outpatient care, inpatient care, sports medicine, and pediatric therapy.

PRO SKILLS

- Active listening and communicating with patient.
- Make a good and effective rehabilitation plans and manage it.
- Using manual therapy, dry cupping, dry needle taping, IASTM .

LANGUAGE :

- Arabic (Native language).
- English.

Recommendations (DMC) :

- May 2021- • Ahmed Salah Bu Saleh Out patient"s Clinics Supervisor,
- May 2022 Clinical instructor,PT , Dammam, KSA
- Mohammed Al Senni
- Physiotherapist